



# BUILD REWARD EMPOWER



## Mentor/Student Activity

Write the name of someone you can talk to when you need support.

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What makes this person reliable?

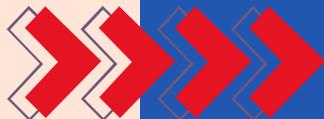
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### Readiness at School

## You're invited

We invite your students aged 13 to 18 to participate in a one-hour student wellness test market session for the BUILD REWARD EMPOWER ONEHEART SEL app, which aims to enhance student social-emotional learning, healthy relationship skills, communication, dialogue, and mentor circles. This session is voluntary, and participants may withdraw at any time without penalty.

[www.bre-is.com](http://www.bre-is.com)



## Sign-up Now!

The session will involve dialogue with a small group of peers and facilitators. Participants will interact with a prototype of a new app and discuss functionality and content to ensure it meets the needs of students and faculty



# BUILD REWARD EMPOWER

## 1. Our Vision

Our student readiness program aims to enhance student social-emotional learning by promoting healthy relationship dialogue, communication, and mentor circles

## 2. Our Mission

- Improve student communication, mentorship, and relationship skills.
- Strengthen student social and emotional intelligence.
- Provide valuable feedback to shape program development and help students navigate bullying and circumvent conflict.

## 3. Student Objectives

- Enhance social and emotional learning
- Develop healthy relationships.
- Develop communication skills
- Develop mentor circles.



# Your Wellness Matters.

Confidentiality and data privacy matters. All survey data and information collected during this student wellness session will be kept confidential to the extent permitted by law.

## Student Survey



[www.bre-is.com](http://www.bre-is.com)



# BUILD REWARD EMPOWER ENROLL NOW!

1.

## Student Age

Girls aged 13 and up may participate in this student readiness session.

2.

## Permission Form

Parents must return signed permission before enrollment and participation in the program.

BRE ESTD.  
2019

# ONE HEART

SELVR SPACE

## Student Readiness Dialogue

Your Wellness Matters

Engage, Reflect, and Connect:  
Wellness and Trust Circle  
Activities

